

Community Action For Safe Teens  
is Pleased to Present

# Supporting Children & Youth in the Presence of Loss and Trauma

**2 OPPORTUNITIES TO ATTEND  
THIS FREE WORKSHOP!!**

**Monday**

**November 2nd, 9th, & 16th (3-Part Event)**

**6:30 - 8:30 pm**

**Registration link: <https://conta.cc/341fj3A>**

**Wednesday**

**December 2nd & 9th (2-Part Event)**

**11:00 am - 2:00 pm**

**Registration link: <https://conta.cc/2GTSxCj>**

As a result of this training, participant will:

1. Differentiate between grief and trauma.
2. Understand how the brain receives and remembers trauma.
3. Recognize the cumulative effect of Adverse Childhood Experiences
4. Understand the impact trauma(s) has on the child/youth's regulating and coping.
5. Explore options in addressing behavioral challenges from a trauma sensitive approach.
6. Identify professional and mentee opportunities to foster resilience in those struggling with a history of trauma.



This event sponsored by Community Action for Safe Teens, a committee of Boys & Girls Club of Souhegan Valley, DFC Grant No. SP080707-01 from ONDCP and SAMHSA

**Presenter**

**Dr. Tana  
Bridge**



**Trauma informed practice implies a working knowledge of not only what signs and symptoms exist with trauma but also, how trauma impacts brain function, coping, and the individual's well-being. This session will cover the basics of trauma definition and symptomology, with a special focus on the impact of multiple adverse childhood experiences (ACEs) on youth and opportunities for successful engagement.**

**If you have any questions about this event please**

**contact**

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603-672-1002 ext. 23**