



# Who am I?

## Fostering Identity Development and Resilience in Youth

**December 16, 2020 from 11:00am-2:00pm**

A critical developmental task for youth is identity development. Lived experiences and losses often create ambiguity and uncertainty leading to grief, loss of self-esteem, and personal challenges. This training will explore this critical stage of life and identify opportunities to foster youth identity and resilience. Focused attention will be on 'trends' in identity formation including substance use, social media, etc. Challenges and opportunities for vulnerable youth including those that have experienced trauma, foster and adopted youth, those raised by caregivers struggling with substance use disorder, mental illness, etc. will be explored.

This event is sponsored by DFC Grant No. SP080707-02 from ONDCP and SAMHSA & Boys & Girls Club of Souhegan Valley.



Presenter Dr. Tana Bridge

**Register Here!**

<https://conta.cc/37nHCM3>

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**For more information  
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